

CURRICULUM VITAE

Mrs.Benita Mary L

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Tamilnadu-629157, India.

Personal Details

Date of Birth : 21st July 1995

Father's Name : Lazer.N

Nationality : Indian

Marital status: Married

Language Known: Tamil, English, Kannada

Address : kakkavilai, Panichanvilai,
Palapallam post,
Kanya Kumari District,
Tamilnadu- 629159,
India.

Academic Record:

QUALIFICATION	INSTITUTION	UNIVERSITY/BOARD	MARKS (%)
MSc (Medical Physiology)	Kasturba Medical College Manipal, Karnataka	MANIPAL University, Manipal, Karnataka	62
BSc (Zoology)	Holy cross College (Autonomous) Nagercoil, Tamil nadu.	Manonmaniam Sundaranar University, Tirunelveli, Tamilnadu	72.4
Higher Secondary School (HSC)	L.M.S higher secondary school, Palliyadi, Kanyakumari	Tamil Nadu educationboard, Tamil Nadu	61
Secondary School (SSLC)	L.M.S higher secondary school, Palliyadi, Kanyakumari	Tamil Nadu educationboard, Tamil Nadu	79

Working Experience: (7 years)

- I am working as a full time lecturer in Department of Physiology at Rajas Dental College and Hospital from September 2018 to till date.

Journal Publications

- Mangaivarkarasi Ravirajan, Shabarianandh JV, **Benita Mary L** , JijuJanardhanan, Vipinunni, Bernaitis L, Preesly MS , Reavathy p shenoy, Puplic Health Surveillance for Behavioral Risk Factors like poor sanitation in a Changing environment, Journal of Evolution in Medical and Dental Science, Vol.7/ Issue 15 / Apr,09/2018.
- Shilpa.K, JijuJanardhanan, Nisha KV, Saju Varghese, **Benita Mary L**, Vipinunni, Bernaitis.L, and Preesly M.S Isolation And Antimicrobial Sensitivity Pattern Of Microorganisms From Vaginal Swab In A Rural Tertiary Care Hospital, International Journal of Current Research Vol. 10, Issue, 06, pp.70717-70721, June, 2018
- Sajuvarghese, Nisha K V, Rejish V, Jenifer Lancy, Jasir C, Shilpa K, **Benita Mary L**, Preesly M S Immuno-Pathological Profile Of Lesions On Prostate And Prostate Specific Antigen(Psa) Levels Of Prostatic Cancer International Journal of Medical Science and Advanced Clinical Research (IJMACR) Volume – 2, Issue – 1, January - February - 2019, Page No. : 08 – 12
- N.R. Livingston Raja, N. Balakrishnan, S. Antony Selvi, S.Gopikrishnan, I. Gayathri Fathima, **L.Benita Mary** and M. Nesma. Swine Flu Earlier and Existing: A Brief Review. Indo American Journal of Pharmaceutical Sciences. 2019; 06(02)ISSN: 2349-7750; 4663-4671.
- N.R. Livingston Raja, N. Balakrishnan, S. Antony Selvi, I. Gayathri Fathima, **L.Benita Mary** and A. Soundhararjan. Heat stroke and its management: A Brief review. Indo American Journal of Pharmaceutical Sciences. June 2019; 06(06)ISSN: 2349-7750: 12512-12517.
- Vasanthaxmi K, Manjula S.D, **Benita**, Sindh, Suchetha P.K Prevalence of Hearing and Vision Abnormalities in School Children in udupi district Karnataka medico-legal update, October-december 2020, vol.20,N0.4
- Vipin unni P, Aishwarya B , Ramya, Shilpa. K , **Benita Mary L**, Bernaitis.L Laboratory diagnostics methods of Covid 19 (Coronavirus) an update from the global perspective IOSR Journal of Biotechnology and Biochemistry (IOSR-JBB) ISSN: 2455-264X, Volume 7, Issue 5 (Sep. – Oct. 2021), PP 04-13

- Shilpa K, Bernaitis L, **Benita Mary L** Next-generation sequencing and its clinical application on SARS-CoV-2. International Journal of Medical and applied Sciences.2021; 10 (2): 61-68.

Scientific Abstracts & Presentations

Oral Presentation:

- **Benita Mary.L**, Bernaitis.L,Vipinunni, Vinoliya J, Punitha.A, Mettilda. S editors.Public health surveillance in Mullanginavilai of Kanyakumari District, Tamilnadu. Proceedings of the International conference on Research trends in multidisciplinary; 2016 Feb 19; Nagercoil,India.

Conferences Attended:

- National Conference on “**Recent Trends In Multidisciplinary Research**” Organized by Crossian research forum, Holy cross College (Autonomous), Nagercoil – 19th Feb 2016
- National Conference on “**Bionanotechnology an emerging field in modern science**” Organized by Department of Zoology, Holy cross College (Autonomous), Nagercoil – 6th Jun 2015

- National Conference on “ **Modern approach in biological research**” Organized by Department of Zoology, Holy cross College (Autonomous), Nagercoil – 6th Feb 2014`
- National seminar on “**Confront and Perspective of Nano Research in Health Care**” held at Rajas Dental College and Hospital, Tirunelveli on January 5th 2019.

Workshops Attended

- National level Workshop on “ **Clinical Diagnosis of Viral and Autoimmune Diseases**” Organized by Department of zoology, Holy cross college (Autonomous),Nagercoil –30th Sep 2015
- National workshop on “**Intellectual Property Rights with Special Emphasis On Patents**” (PAT-DENT’19) held at Rajas Dental College and Hospital, Tirunelveli on March 26th 2019.
- State level workshop in “**Zebra Fish- A Molecular Tool Box**” held at Rajas Dental College and Hospital, Tirunelveli, on 28th and 29th March 2019.

Project completed

- Hydrobiological studies of perunchari pond Karungal, Kanyakumari District.
- Public health surveillance in mullanginavilai of Kanyakumari District.
- Prevalence of vision abnormalities among school children in Manipal, Udupi District, Karnataka.

COMPUTER SKILLS

- Software Tools : MS Office, DTP.

Career interests:

- Teaching Medical Physiology

DECLARATION

I hereby declare that the information furnished above is true to the best of my knowledge.

Yours Sincerely
Benita Mary. L